

An Evening full of Health and Beauty

Wednesday 1st April 6- 9pm

Heartbeat Education Centre

Stalls Include

*Lush, Estee Lauder, East, The Body Shop, Virgin Vie, Clarins,
Floral Enchantments, Party Lite, SAKS, Crabtree and Evelyn,
In Those Shoes, Rock Crystal Designs, Cool Choc, Gem Freeman Jewellery,
Butterfly Clothing, New Forest Bee Products, Phoenix Trading, Nordic Walking,
The Kitchen Garden Company, Quirky Plant Pots, Ama-la Accessories,
Life and Health Coach, Complimentary Therapies, Wessex Aloe Supplies,
Beaulieu Chocolate Studio, Noodle Jewellery*

Fashion show at 7pm

House of Colour and Pampered Chef Demonstrations

*Complimentary refreshments and nibbles with
a tombola full of gorgeous prizes*

Tickets are £5

Available on the door and includes a goody bag

*Contact Nadia on 02380 795907,
email hec@heartbeat.org.uk or
visit www.heartbeat.co.uk for more information.*

**Heartbeat Education Centre, North Wing (Level F), Southampton General Hospital,
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Registered Charity No: 1116510

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